

# YOU'RE INVITED!

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**NORTH PERTH COMMUNITY HOSPICE IN  
COLLABORATION WITH DARCY HARRIS**

**“CHANGE, LOSS AND TRANSITIONS IN EVERYDAY  
LIFE”**

**WEDNESDAY NOVEMBER 7<sup>TH</sup>, 2018**

7PM TO 8:30 PM

TRILLIUM MUTUAL INSURANCE COMPANY  
495 MITCHELL ROAD S. LISTOWEL, ON

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Daily life is packed with multiple demands on our time and attention. For many of us, amid these demands are the changing needs in our families, such as aging parents, housing transitions, or children 'leaving the nest' later and later. We'll explore how we can approach these changing patterns of our lives through a compassionate framework that allows for informed choices and better care for ourselves.

FREE Community Education Event

Please RSVP @ 519-291-5141 or by email at [vvhospice@wightman.ca](mailto:vvhospice@wightman.ca)

